



POUGHKEEPSIE CITY SCHOOL DISTRICT

Christian G. Hodge Sr. CAA
Assistant Superintendent for Athletics,
Physical Education, Health and Wellness
And Security

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Dr. Eric Jay Rosser
Superintendent of Schools

2019-2020 SPORTS START DATES

FALL SPORTS

(August 19, 2019)

Boys Varsity Cross Country
Girls Varsity Cross Country
Varsity Cheerleading
Varsity Football
Boys Varsity Soccer
Boys JV Soccer
Girls Varsity Soccer
Girls JV Soccer
Girls Varsity Tennis
Varsity Volleyball
Girls Varsity Swimming

(September 5, 2019)

Modified Cross Country
Modified Football
Boys Modified Soccer
Girls Modified Soccer
Girls Modified Swimming
Modified Volleyball

WINTER SPORTS

(November 11, 2019)

Boys Varsity Basketball
Boys JV Basketball
Boys Freshman Basketball
Girls Varsity Basketball
Girls JV Basketball
Varsity Cheerleading
Varsity Indoor Track
Varsity Boys Swimming
Varsity Wrestling

(December 12, 2019)

Boys Modified Basketball
Modified Girls Basketball
Modified Swimming

SPRING SPORTS

(March 9, 2020)

Boys JV Baseball
Boys Varsity Crew
Girls Varsity Crew
Girls Varsity Softball
Girls JV Softball
Boys Varsity Tennis
Boys Varsity Track
Girls Varsity Track

(March 23, 2020)

Modified Baseball
Modified Softball
Boys Modified Track
Girls Modified Track